

# Club North Volleyball Fall Trainings

This training is open to all players needing to sharpen their Serve & Pass, Setters & Hitters fundamental skills in preparation for upcoming Club season. Take Your Skills to Another Level....

## Serve & Pass Sessions

**Dates:** Saturdays, October 19 & 26  
7 thru 9<sup>th</sup> Grades. 9:00-10:30am  
**Training Fees:** \$45 for both dates  
Registration limited to 36 participants

## Setters & Hitters Sessions

Saturdays, October 19 & 26  
7 thru 9<sup>th</sup> Grades. 11:00am-12:30pm  
**Training Fees:** \$45 for both dates  
Registration limited to 36 participants

**Registration Deadline:** October 17

**Participants can register for either Skill Sessions or both. For example, Serve & Pass on Oct. 19 & 26 is considered one while the Setters & Hitters is separate.**

**If you register for Serve & Pass, it is \$45 for Oct. 19 & 26. If you add Setters & Hitters, it is \$90**

*All Trainings are at the Club North Practice Facilities: 5108 & 5110 NW Waukomis Dr., Riverside, MO 64151*

## COACHES INFORMATION

**Coach Ib** – former Pittsburg State University Head Coach and current Lead Trainer for Club North where he began his coaching career at the inception of the club in the early 1990's. Coach Ib was a lead trainer/coach for both girls and boys teams in the early years of the club. He brings 17 years of collegiate coaching and more than 22 years of experience in club and summer training camp environment.

**Sam Wyatt** – Assistant Coach at Benedictine College, Atchison, KS and Head Coach in the 13-17's Age Group teams at Mizuno Club North Volleyball. Coach Sam is the lead trainer in Club North Speed, Agility & Quickness program. She is a dedicated trainer helping our team members with better body control for the sport of volleyball. She competed as a Libero in College for Pittsburg State University.

**Corina Rodriguez** – Mizuno Club North Coach on various National Teams and former National Championship team member at Park University Women's Volleyball program.

## Other Club North Volleyball Coaches.

Participants are slotted by "first-come, first-serve" until the slots are full. Act fast!

Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Father's cell: \_\_\_\_\_

Phone: \_\_\_\_\_ Mother's cell: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

School: \_\_\_\_\_ Position: \_\_\_\_\_ Grade in Fall 2019: \_\_\_\_\_

## Mail form with check payable to Club North:

Patty Reynolds

6609 NW Valleyview

K.C., Mo. 64152

## **Parental Release/Hold Harmless Agreement:**

I/We, the parent/guardian of \_\_\_\_\_ hereby give my/our permission for her participation in any and all activities of the volleyball camp. I/We do hereby waive, release, absolve, indemnify and forever discharge all the Coaches, Club North Volleyball & KC Premiere Volleyball Directors from all claims for damages, injuries, or loss to a person or property which may be sustained during participation in training activities or while at the training site whether or not damages, injury, or loss is due to negligence. I/We understand that participation in this training program will require physical activities of a nature which could result in injury to participants. I/We further acknowledge that she/he is physically able to participate in training activities and hereby authorize her participation in the training program. I/We agree to allow my child to be treated by a certified athletic trainer or physician (if necessary), and to assume all costs related to such treatment.

Signature of Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_