

2017 DECEMBER SCHEDULE – Pre-Season Skill Enhancement at Leggett Club North Volleyball Facility, Riverside, MO

V.3

*** SKILL TRAINING SHOULD NOT BE USED TO MAKE-UP MISSED PRACTICE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
								1		2		3	
								430-530	16/17/18's	410-510	12's Setters Only		
									LIB/DS	510-610	11's		
								540-640	12-13's		Defense / Ball Control	540-640	164 All Positions
									LIB/DS		151 @ Tournament		
4		5		6		7		8		9		10	
415-515	171/172/181	415-515	173/174	415-515	13's	415-515	143/144	430-530	161/162/163		141, 142, 152, 181		172 @ Tournament
	OH/RS		OH/RS		Setters Only		Setters & Middles Only		OH/RS		@ Tournament		
520-620	14/15/164 Only							540-640	12-13's			540-640	11's
	LIB/DS								LIB/DS				Setting & Hitting
11		12		13		14		15		16		17	
415-515	171/172/181	415-515	173/174	415-515	13's	415-515	151/152	430-530	16/17/18's	410-510	121/122 Hitters Only		141 & 162
	Setters/Middles		Setters & Middles		Middles		OH/RS		LIB/DS	510-610	123/124/125 Hitters Only		@ Tournament
520-620	141/142							540-640	161/162/163		131 @Tournament		
	Setters & Middles Only								Setters & Middles Only				
18		19		20		21		22		23		24	
415-515	153/154/164	415-515	153/154/164	415-515	13's	415-515	151/152	430-530	141/142		162 & 181		
	Setters & Middles Only		OH/RS		OH/RS		Setters & Middles Only		OH/RS		@ Tournament		
520-620	14/15/164 Only							540-640	143/144				
	LIB/DS								OH/RS				
25		26		27		28		29		30		31	
	CHRISTMAS		CHRISTMAS								132, 161, 163, 171, 172, 173, 181 @ Tournament		